Who We Are

Mission:
To ensure all Canadians who are blind or partially sighted have the confidence, skills and opportunity to fully participate in life, and no Canadian loses their sight to preventable causes.

About CNIB:
CNIB, a registered charity, is Canada’s primary provider of vision support services, providing community-based support, knowledge and a national voice to ensure Canadians who are blind or partially sighted have the confidence, skills and opportunities to fully participate in life.
Vision loss is a complex issue with many underlying challenges. For that reason, our work is made up of three pillars designed to address the challenges of vision loss from all angles – so that we’re able to provide real, sustainable help to Canadians who are blind or partially sighted.

- **Community-based support** - CNIB’s community-based services help people who are blind or partially sighted develop the confidence, skills and opportunities they need to fully participate in life.

- **Knowledge** - CNIB is committed to improving the eye health of Canadians and eliminating avoidable sight loss through research and public education.

- **National Voice** - CNIB is proud to work alongside Canadians who are blind or partially sighted to advocate for an inclusive and barrier-free society with access to rehabilitation services and technology.
Who We Serve

• Any Canadian who has experienced a loss of vision can come to CNIB for support – whether you’re a child, adult or senior; whether you’ve been completely blind all your life or have recently experienced a partial loss of vision.

• We also serve thousands of family members, caregivers, eye care professionals and all Canadians, providing them with the tools to give the best possible support to the person with vision loss in their life and the awareness to prevent avoidable vision loss in the future.
Almost **200,000** Ontarians are living with blindness or partial sight and over **2 million** Ontarians have a major eye condition (age-related macular degeneration, cataracts, diabetic retinopathy or glaucoma) and are at serious risk of losing their vision, if they haven’t already.

Every 10 minutes, someone in Canada is told *‘you are losing your vision’*. The prevalence of vision loss in Canada is expected to increase nearly 30 per cent in the next decade (by 2024).
CNIB Eye Van Outreach Vision Health Services Provided in Remote Northern Ontario

CNIB in partnership with Ontario Medical Association and the Eye Physicians and Surgeons of Ontario provides a unique solution to medical eye care services for remote communities in Northern Ontario.
From March-November, the CNIB Eye Van travels more than 6,000 kilometres, providing critical medical eye care to 31 remote areas of Northern Ontario where these types of services aren’t typically available.
What We Do – Ophthalmologists & Ophthalmic Assistants-Nurses

- Ophthalmologists conduct vision exams, treat eye conditions, perform minor surgeries and offer vision health information.

- This service provides early diagnoses of eye conditions that could lead to blindness if left untreated.
Eye Van Equipment Set Up
# CNIB Eye Van
## Equipment & Procedures

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<tr>
<th>Complete Eye Examinations</th>
<th>Visual Field-Humphrey</th>
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<tbody>
<tr>
<td>Eye Lid Surgery</td>
<td>OCT-Optovue</td>
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<tr>
<td>Simple Lacrimal Surgery</td>
<td>YAG-SLT Laser</td>
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<td>Laser Iridotomy</td>
<td>Argon Lasers</td>
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<tr>
<td>Laser Angle Surgery</td>
<td>Lensometer-Humphrey</td>
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<td>Capsulotomy</td>
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<td>Chalazion</td>
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<td>Ptosis</td>
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<td>Entropion</td>
<td>Trabeculoplasty</td>
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<tr>
<td>Ectropion</td>
<td>Probing &amp; dilation of Ducts</td>
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<tr>
<td>Pterygium</td>
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<tr>
<td>Peritomy</td>
<td>Removal of Foreign Bodies</td>
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<td>Excisions</td>
<td>Paracentesis (IOP)</td>
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<td></td>
<td>Punctoplasty (three snip)</td>
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<tr>
<td>Who Do We Serve on the Eye Van</td>
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<tr>
<td><strong>Patient Visits/Year Average</strong></td>
<td>5000</td>
</tr>
<tr>
<td><strong>Patient Visits/Day Average</strong></td>
<td>35</td>
</tr>
<tr>
<td><strong>Length of Tour</strong></td>
<td>9 months</td>
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<tr>
<td><strong>% of Patients with Pathology</strong></td>
<td>90%</td>
</tr>
<tr>
<td><strong>Main Pathologies</strong></td>
<td>Diabetes, Cataracts, Glaucoma, AMD</td>
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Eye Van’s Success

• Awarded the internationally recognized SHARE Award for Innovation in 2000, honouring exceptional community-based healthcare programs throughout the U.S. and Canada.
Community Outreach:
Diabetes Education & First Nations

The Eye Van program has established strong relationships with Community and First Nations Diabetes Education Programs.
New for 2016
CNIB Ontario launched its own social media channels and Eye Van staff are tweeting on the road.

Follow the tour @CNIB_Ontario
The Eye Van program is a huge undertaking that requires coordination at all levels.

- CNIB
- Ontario Medical Association – OMA
- Eye Physicians & Surgeons - EPSO
- Service Clubs/Community Groups
- Remote Medical Doctors, Optometrists, Family Health Teams, Public Health Nurses & Hospitals
- Municipal Governments
- Provincial Politicians
- Volunteers
- Student and Residents-University
- Funding Partners
- Pharmaceutical Companies
- Members of the Media
CNIB Eye Van Medical Advisory Committee
Steve Arshinoff, MD, FRCSC, Medical Director
Steve Kosar, MD, FRCSC, Associate Medical Director
Anuj Bhargava, MD, FRCSC
Mark Bariciak, MD, FRCSC
William Hodge, MD, PhD FRCSC
James Farmer, MD, FRCSC FRCPC
Susan Lindley, MD, FRCSC

CNIB Eye Van Staff
Alyssa Elik, RPN, Ophthalmic Assistant-RPN
Kelli Vautour, RPN, Ophthalmic Assistant-RPN
Sandra Mulcahey, Coordinator
Lisa O'Bonsawin, Manager, CHRP
Monique Pilkington, Executive Director, North Region
2016 Eye Van Ophthalmologists

Robert Adam, MD, FRCSC
Danah Al-Breiki, MD, FRCSC
Steve Arshinoff, MD, FRCSC
Mark Bariciak, MD, FRCSC
Stephanie Baxter, MD, FRCSC
Anuj Bhargava, MD, FRCSC
Adil Bhatti, MD, FRCSC
Mark Bona, MD, FRCSC
Robert Campbell, MD, FRCSC
Dennis Conrad, MD, FRCSC
Anne Drysdale, MD, FRCSC
James Farmer, MD, FRCSC FRCPC

Jason Giroux, MD, FRCSC CCFP
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Susan Lindley, MD, FRCSC
Norman Mainville, MD, FRCSC
Benjamin Mathew, MD, FRCSC
Kylen McReelis, MD, FRCSC
Fariba Nazemi, MD, FRCSC
Dominik Podbielski, MD, FRCSC
Sohel Somani, MD, FRCSC
Martin ten Hove, MD, FRCSC
Alexander Tokarewicz, MD, FRCSC
CNIB Eye Van & CNIB Services

• CNIB brings together Eye Health and Vision Rehabilitation to Northern Communities

• The Eye Van is a source of Referral to CNIB Service
  -for people with Low Vision
  -for People who are Blind
  -for Children
Post-Vision Loss Rehabilitation Therapy

- CNIB is the primary provider of rehabilitation therapy for Canadians living with vision loss today.

- Following diagnosis and care provided by eye care professionals, post-vision loss rehabilitation therapy is a critical part of the continuing health care journey for people who have vision loss, enabling individuals to develop or regain skills and abilities critical to their safety, mobility and independence in leading full, active lives.

- These include the ability to navigate surroundings safely, personal care, home-based skills, reading and writing, and a wide range of other critical learnings.
Low Vision Services

Make the most of the sight you have
If you’ve experienced a partial loss of vision, learning to maximize your remaining sight can be life-changing. Our low vision specialists help people make the most of their sight, and live life to the fullest.

- Provide a specialized vision assessment, designed specifically for people with low vision, and have our specialists explain the effects of their vision loss in easy-to-understand language.
- Learn techniques for maximizing their sight, like how to use lighting and contrast to their best advantage.
- Receive one-on-one instruction in the use of helpful devices that may enhance their sight, like specialty magnifiers.
Independent Living Skills

Build everyday skills and confidence
Our specialists will work with people one-on-one or in a group setting, helping them build the skills to live independently.

• Learn safe methods of pouring a cup of coffee, preparing a meal and using household appliances.
• Discover simple techniques for identifying money, using the phone, labelling medications and organizing household items.
• Learn how to make large-print, braille and audio products a helpful part of their day-to-day life – enabling people to keep track of phone numbers, recipes and more.
Travel with confidence

Learning to travel alone with vision loss doesn’t have to be scary; in fact, it can be a liberating experience, and our caring specialists will be there every step of the way. So whether someone wants to reach the corner store or the farthest corners of the country, we’ll help them build the skills to get there.

• Learn the **sighted guide technique**: a safe and comfortable way to walk with a sighted person.
• Discover how a **white cane** makes travelling with vision loss easier and safer.
• Learn how to **find and cross intersections** to travel independently.
• **Ride public transit** with confidence and reach community resources like the local grocery store, bank or shopping mall.
• **Navigate new environments** like a new workplace or school campus.

“It’s such a wonderful gift the mobility lessons have given me. It’s been liberating beyond words.”
Tim Lait
CNIB client
Assistive Technology Services

Stay connected
Discover a new world of cutting-edge products – from accessible audio book players, to video magnifiers, to computer screen readers and a host of other items to make life with vision loss easier.

- **Provide assessments and recommendations** on assistive technologies that meet their specific needs.
- **Learn to use their assistive technologies**, with instruction from a CNIB specialist helps make the process as simple as possible.
Rediscover the joys of reading
Home to more than 80,000 accessible materials in formats like braille and audio, the CNIB Library/Centre for Equitable Library Access (CELA) is Canada’s largest library for people who are unable to read traditional print.

- **Find books and magazines** in a variety of accessible formats; we help people find the format that’s right for them.
- **Download books and daily newspapers at the click of a button** through our digital collection.
- **Enjoy classic movies** with our narrated video collection.
CNIB believes that with the right balance of work and play, plus opportunities to discover, learn, share, and build on personal strengths, anyone can achieve their goals.

- **SCORE 1** – Early Childhood – informative workshops for parents
- **SCORE 2** – Elementary School-Age – regional day camp
- **SCORE 3** – Secondary School-Age – intensive rehabilitation support
Located in the heart of Muskoka, CNIB’s Lake Joseph Centre is a fully accessible lakefront facility that provides a unique blend of recreation and vision rehabilitation in a safe, inclusive environment. A wide range of summer programs are available to people of all ages who are blind or partially sighted.

Programs include:

• Camp Abilities (sports-based program)
• All Hands on Braille (braille instruction)
• Adult Weeks
• Family Weeks
Top 3 Reasons CNIB Values You!

✅ Nurses are key healthcare professionals in a patient’s life; caring for the physical and psychosocial aspects.

✅ Nurses are trusted by patients, you offer creditability when you refer patients to services.

✅ Nurses have access to resources and work in partnership with ophthalmologists.

Resources:

• Canadian Patient Charter for Vision Care

• Referral process for post-vision loss rehabilitation therapy
  http://www.cnib.ca/en/services/vision-support/request-for-service/Pages/request-services.aspx?&Source=http://www.cnib.ca&OpenIn=Browser
For More Information

- Web: cnib.ca
- Email: info@cnib.ca
- The CNIB Helpline: 1-800-563-2642

CNIB & Social Media

- MyCNIB
- @CNIB
- CNIB Blog (subscribe at blog.cnib.ca)
- CNIB