

Canadian Society of
Ophthalmic Registered Nurses



Société canadienne des infirmières
et infirmiers en ophtalmologie

Fall/Winter Newsletter 2014

Seasons Greeting CSORN Members Past and Present, below you will find updates and news from past and future CSORN events

CSORN Conference Halifax N.S., June 2014:

This year we were fortunate to have our Conference in beautiful Halifax, Nova Scotia. Wanda Mulrooney and Lillian Smithson did a great job providing an interactive day with guest speakers that both inspired and entertained our members. A big thanks Wanda, Lillian, and the Conference Coordinating team for a great educational day. Minutes from the 2013 General Meeting can be viewed on the website: www.csorn.ca

COS/CSORN Conference June 2015 Victoria B.C.:

Save the Date! Next year's Canadian Ophthalmic Society (COS) Symposium will be June 18 - 21, 2015. The official nursing CSORN conference day will be Friday, June 19, 2015. This year's Conference Coordinators is Kate Callaghan & Linda Wong from Vancouver, British Columbia. Updates will be included in the Spring Newsletter. Please check the COS website to register for next year's CSORN Conference: www.eyesite.ca for more information,

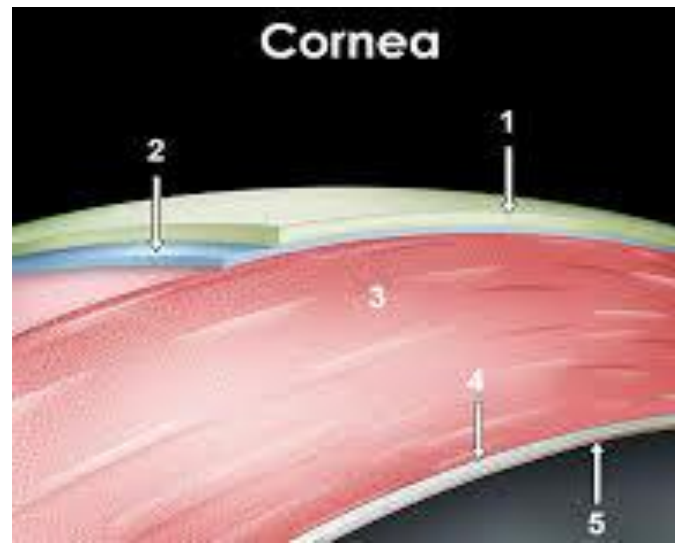
To be eligible for reduced rates for CSO you must be a CSORN member, non- members pay a higher rate to attend the CSORN Conference.

A reminder, that CSORN Membership Registration MUST be completed by January 31st or a \$10 late fee will apply.

QUIZ CORNER

Can you name the layers of the cornea, and their function?

Answer at end of email.



Future Conferences

Walter Wright Symposium - December 5-6, 2014, Toronto, Ontario

Toronto Cataract Course – February 21, 2015, Toronto, Ontario

ASCRS - April 17-21, 2015, San Diego, California

COS – June 18-21, 2015, Victoria, British Columbia

Provincial Reports

Atlantic Provinces: *Mary Stairs*

The Atlantic Province's were pleased to host the annual CSORN meeting. We all had a wonderful time and enjoyed showing off our beautiful province.

Hopefully, all enjoyed the conference.

Now for an update, the fall has begun and we have continued to move forward with trying to do more with less time. We have just completed a pilot project on cataract surgery, where we look at the model of care. We have just received our completed patient surveys, and we are hoping to make some changes based on patient feedback. Overall we were pleased with the results. Wishing all a good fall and hopefully a short winter.

British Columbia: *Kate Callaghan*

We had a meeting November 6th, and changed it up a little since it is more difficult to acquire funding for the dinner meetings. We had a longer education component

with 3 guest speakers for the evening, and 2 short presentations on Cataract Surgery in Nepal, & Bone Marrow transplant patients and the management of Graft vs. Host disease. The last presentation was on the Femtosecond laser. The presentation included a tour of a private clinic using Femtosecond lasers for their Cataract Surgery, followed by a dinner meeting.

We're busy organizing the National Meeting for June 2015, with many of the speakers lined up. We are planning a "Special" event on the Thursday evening prior to the Friday CSORN meeting.

We look forward to hosting the CSORN Meeting and hope that everyone is able to attend.

Ontario GTA Chapter: *Donna Punch*

Greetings from GTA Chapter, we continue to grow and network here, and in the surrounding area. It is great to share ideas and practices with fellow members. The "buzz" word for 2014 seems to be "Quality", how can we measure quality in our delivery of healthcare and how can we deliver and measure patient satisfaction. With this comes the government's plan for health care delivery, "right time, right place, commiserate with patient needs "There continues to be a push to move ambulatory services out of main ORs into ambulatory care centers, both stand alone and hospital integrated. As members in the field of Ophthalmology, since much of what we do in same day surgery, we are an important part of this team and need to work at being a part of decision making for our future health care delivery. On November 3rd, our second annual Chapter Dinner Meeting was held. The presentation was "Femtosecond Cataract Laser Surgery", and our guest speaker was Rene Cabana from Alcon Canada. Our turn out was overwhelming, with more than 45 nurses in attendance. Alcon Canada generously sponsored the dinner portion of the meeting.

Ontario Ottawa Chapter: *Rosemary Bickerton*

The Ottawa Chapter has over 45 members. We will be hosting our annual dinner meeting December 2nd with a guest speaker Dr Setareh Ziai on EKC. We were fortunate to send 8 CSORN members to the COS in Halifax in June and look forward to Victoria next year. As always we are dealing with budget restraints and efficiencies. We are no longer changing patients into blue gowns, but allowing them to wear loose fitting t-shirts. Saves time and money. We are working hard at meeting our cataract targets, and booking the OR fully. The Ottawa Eye program is going out to tender this year for the surgical contract for cataracts and IOLs, this has

been keeping us very busy. We are always looking at new ways to save dollars without impacting the care we give to the patients.
Looking forward to seeing many of you in Victoria.

From the CSORN Executive, we would like to extend our wishes for a healthy and Happy Holiday Season and a prosperous New Year.

The CSORN Executive

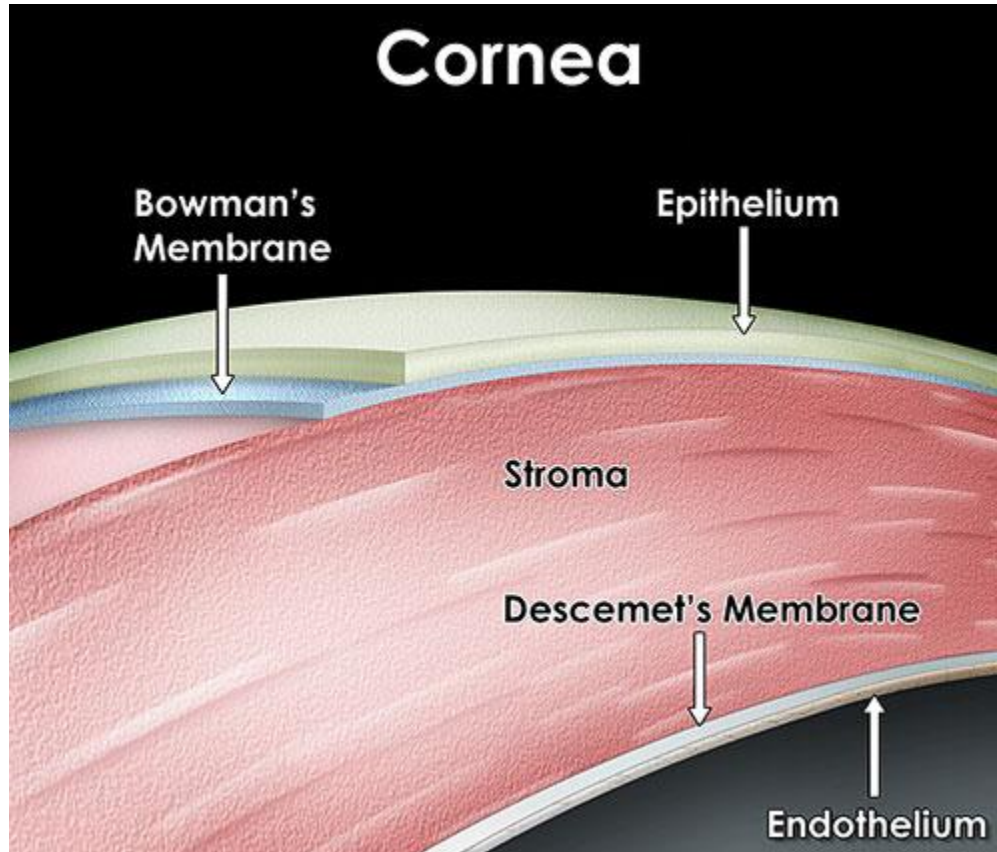
President: *Kathy Bruce*

Vice President: *Donna Punch*

Secretary: *Marlene Griffin*

Treasurer: *Wanda Mulrooney*

Answer to Quiz



Although appearing to be one clear membrane, the cornea is composed of five distinct layers of tissue, each with its own function.

- **Epithelium** is the thin outermost layer of fast-growing and easily-regenerated cells.
- **Bowman's layer** consists of irregularly-arranged collagen fibers and protects the corneal stroma. It is 8 to 14 microns thick.
- **Stroma**, the transparent middle and thickest layer of the cornea is made up of regularly-arranged collagen fibers and keratocytes (specialized cells that secrete the collagen and proteoglycans needed to maintain the clarity and curvature of the cornea)
- **Descemet's membrane** is a thin layer that serves as the modified basement membrane of the corneal endothelium.
- **Endothelium** is a single layer of cells responsible for maintaining proper fluid balance between the aqueous and corneal stromal compartments keeping the cornea transparent.
- *From: National Keratoconus Foundation*

President

Kathy Bruce

The Scarborough Hospital
General Campus, Toronto
(W) 416- 438- 2911 ext 4715

kbruce@tsh.to

Past President

Janet Powers

The Ottawa Hospital, General Campus
3rd floor Eye Institute, CCW
501 Smyth Road
Ottawa (W) 613- 737-8577

jpowers@ottawahospital.on.ca

Vice President

Donna Punch

Kensington Eye Institute
Toronto

dpunch@kensingtonhealth.org

Secretary

Marlene Griffin

North York General Hospital,
Toronto, (W) 416- 633- 9420 Ext. 1-
6601

griffinmar@gmail.com

Treasurer

Wanda Mulrooney

406-6095 Coburg Road
Halifax, Nova Scotia, B3H 4K1
(H) 902-473-3226 or 902-473-3227
Fax: 902-473-7316.

wanda.mulrooney@cdha.nshealth.ca

Nova Scotia/ Atlantic

Mary S. Stairs

1276 South Park Street
2nd Fl VG Site Centennial Room 2023
Halifax, Nova Scotia,
(W) 902-473-3926

mary.stairs@cdha.nshealth.ca

Ontario/Ottawa Chapter

Rosemary Bickerton

The Ottawa Hospital
Ottawa, On
613-737-8639

rbickerton@toh.on.ca

Ontario/GTA Chapter

Donna Punch

Kensington Eye Institute
dpunch@kensingtonhealth.org

British Columbia

Kate Callaghan

Vancouver General Hospital Eye
Centre

Vancouver, BC

Catherine.Callaghan@vch.ca

For members in:
Québec, Manitoba, Saskatchewan
& Alberta,
please send your registration form
with \$25 cheque to
Wanda Mulrooney

