



## CSORN Fall Newsletter 2019

### Welcome Message from the President

Hello CSORN members I hope everyone had a wonderful summer and are transitioning well into the colder days of autumn & winter.

This year's conference was held in beautiful Quebec City and we had a good turnout of about 50 people. The conference was very successful and well received by the attendees. I think the speakers outdid themselves with some very informative presentations this year. We received permission to post 3 of the presentations this year and they can be viewed on the CSORN website if you wish to read them.

Once again the post conference dinner was hosted by Paul Charrette and J&J. Paul organized a wonderful dinner & speaker for the dinner. The speaker was Dr. Leysa Shuba from Halifax, Nova Scotia and her presentation was titled "Through the Eyes of Artists". This topic was very interesting as Dr. Shuba discussed various European & American artists of the past who were diagnosed with an eye disease and how the progression their eye disease affected their artistic impression.

Please remember that you can pay your 2020 membership renewal fees now and through to January 31<sup>st</sup> and the membership fees have increased to \$30 this year. The payment method is through PayPal with a credit card only. Cheques are no longer accepted. Please ensure to update new information when you register your renewal.

Also the June 2020 conference will be an election year so please consider becoming a part of the executive. It is very rewarding as you make many new friends from all over the country and you connect with all disciplines within ophthalmology. To become a part of the executive you must be a CSORN member in good standing for 2 years and work in ophthalmology. Further into the newsletter gives you information on how to participate in the election. Also you can nominate a person who you think may be a good fit for an executive position.

The national executive updated the CSORN bylaws this year and the bylaws can be reviewed on the website now.

I hope to see you all in Vancouver at the 2020 conference.

Kate

## 2019 CSORN Conference:

### Patient Advocacy & Leadership Conference Evaluations

I thought I'd add this section to the newsletter as there were some thoughtful and interesting comments on the evaluations this year and I think the members would appreciate a response to some of the comments.

- Suggestions for future presentation: this is very important to us as it helps direct the theme for the next conference. This is where conference evaluations help guide us to the content you want for the coming year so please make the effort to complete it prior to the closing of the CSORN symposium.
- Town hall Discussion – should be more organized and give members opportunity to provide ideas prior to the conference. The beauty of the town hall segment is to get a spontaneous discussion going; in years past there have been some intense conversations about differences in practices across the country which can be very enlightening as to why we have varying practices. Also a set of ideas was sent to the conference registrants several times but we did not receive any feedback.
- More nursing presenters: we try our best to get good cross sections of professionals but depending on where the conference is we are limited to who can speak since we cannot pay the expenses of the speakers. We like having nurse presenters, so please send you're your suggestions to us through the website emails in advance or make suggestions through the evaluations for future conferences. You will be happy to hear that we have several nurses presenting at the 2020 conference.
- Shorter presentations and more variations of topics: we try to provide a good cross section of relevant topics. The longer presentations offer more content which we hope will help you with your professional development. Also we can be limited in access to speakers depending on the hosting city.
- Presentations translated into French: with the conference being in Quebec City this year, it was our goal to have the presentations in both languages but we received only 2 presentations in advance. We give the presenters a deadline but they do these talks on a voluntary basis so it is difficult to give them a hard date. This year, we had several people who refuse to provide their presentations due to proprietary reasons.
- Would like more items provided in the conference bags: there are several reasons for less items & goodies in the conference packages each year: this year I had to organize the conference from Vancouver so I had to purchase items for the bags once I arrived in Quebec City. Also we receive less funding from vendors each year due to restrictions place on them by how their companies can offer support. Companies require exact details on how conference organizers are spending the money and conference bags have become a perk not a necessity in their eyes.

## 2020 Conference:

### “The Future of Ophthalmology through Collaboration & Innovation”

I'm pleased to announce that the CSORN Symposium which is held in conjunction with the COS Meeting will be in Vancouver next year at the Vancouver Convention Centre June 25 – 28. The CSORN symposium will be held on Friday, June 26<sup>th</sup>. I hope everyone will make the effort to attend as we have some interesting topics and a good cross section of ophthalmology professionals for this conference. Please follow this link: <http://www.cos-sco.ca/vancouver2020/> for information on the conference, accommodations, travel, & tourism guides to Vancouver & Whistler. Before making your travel arrangements please view the travel link as Air Canada & WestJet provide discounts for flights to Vancouver.

Here are the speakers arranged to this point:

- EKC: An Evolving Disease – Arlene Vanderhoeven RN & Dr. Simon Holland
- Perspective of Ophthalmology Technicians and how they assist the patient diagnosis – Harp Gill - Visual Fields technician & Glenn Ottenbriet Imaging technician
- Developing Countries vs North American : Public Health Care Perspective– Marlene Matsuba – Eye Care Centre Manager
- It is Human to err – Donna Punch RN
- Robotics in Retinal surgery – Dr. David Maberley
- MIGS and how they are changing the lives of patients and the Glaucoma Practice – Dr. Steve Schendel
- Keynote speaker – I'm still working on this.....
- Annual Town hall discussion
- AGM & Election of new officers

## Conference Funding

Funding for COS Conference registration fee is available to the first 5 members who contact the national treasurer. People requesting funding must be a CSORN member in good standing for 2 years. Please send you requests to the national treasurer Lillian Smithson at [treasurer@csorn.ca](mailto:treasurer@csorn.ca) .

Requests may be made every 2 years for funding and the early bird registration is the amount paid so please remember to register early. Also we encourage you to check with your Local Chapter Representatives to obtain additional funding, if available. Receipts are required for reimbursement.

## Nominations for CSORN Executive 2020 – 2022

The coming year is a voting year for the following positions:

- President Elect
- Secretary
- Treasurer

Please complete the nomination form included in this newsletter highlighting a brief professional biography, what your present position is, your professional accomplishments &/ or rewards and what your interests & goals are for CSORN in the future.

The completed nomination forms are to be e-mailed to Donna Punch at [pastpresident@csorn.ca](mailto:pastpresident@csorn.ca) by February 1, 2020. The nominations will be published in the Spring newsletter for those unable to attend the Conference in Vancouver. The process for a proxy vote will also be included in the spring newsletter.

Nominations will be accepted from the floor for positions that do not have two or more candidate, at which point a proxy process vote cannot be used. So we encourage members to step forward for a nomination.

## Brief overview of Duties taken from the CSORN Bylaws – Article 7

### **Vice – President:**

- Shall assume the duties of the President in the absence of the President.
- The Vice President will attend all meetings of CSORN.
- Terms of office are 2 years as president elect, 2 years as President and 2 years as Past President.

### **Secretary:**

- shall keep an accurate account of all meetings of CSORN.
- will maintain updates to the CSORN web site
- Term of office is 2 years with the option to run for a second term of office if desired provided they declare their nomination and are voted in.

### **Treasurer:**

- shall be a signing officer
- shall keep accurate records of all financial transactions both monies received and disbursed.
- will prepare a financial statement for the CSORN Annual General Meeting held at the conference.
- will develop a financial plan for the following year.
- will ensure a financial audit occurs when the position is transferred between individuals.
- The term of office is 2 years with the option of a further 2 years provided they declare their nomination and are voted in.

**Computer and social media skills are an asset for all positions as we are only able to meet face to face annually at the conference.**

## Updates on the International Ophthalmic Nursing Association

Donna Punch is the contact in Canada for this group and she receives regular communications from Heather. We thought everyone would appreciate an update on what's going on in Ophthalmology Nursing globally.

### October up-dates

1. We welcome new member to our global group:
  - a. Australia – Elise Chick. As you know I have been the representative for several groups including Australia. Elise will now communicate to and from the Australian nurses.
2. Chitra, at the Singapore National Eye Centre is examining developing ophthalmic nurse specialisations and is seeking some recommendations and examples from around the world to support her local proposal. If you could assist her by sharing any of your resources with her, I would be most grateful. Just email her directly if you can via: [chitra.vallei@sneec.com.sg](mailto:chitra.vallei@sneec.com.sg)
3. The Philippines officially launched their new ophthalmic nursing association. The aim of the group is to define the practice of Ophthalmic Nursing and set up its training and practice standards aligned with the Philippine Qualifications Framework, and work with other stakeholders towards our collective goal of eye care prevention and treatment. For further information or to enquire about membership, please contact: Alex Ryan T Lacion (RN) [alexryantan09@yahoo.com](mailto:alexryantan09@yahoo.com) or Felicidad II A Jeeramas (RN MN) [aldasfelicidad@gmail.com](mailto:aldasfelicidad@gmail.com) . The IAPB will put out a blog on social media soon.
4. The King Khalid Eye Specialist Hospital in Saudi Arabia, ran their 33<sup>rd</sup> nursing conference last week. I had the opportunity to attend and present about our work. I am hopeful, via their lead, Enas that it will mark the start of a new era for ophthalmic nurses in the Gulf Region.
5. The IAPB held its first full nurse led lecture session at their Members Meeting in Tanzania. The 90 minute session was chaired by our group member Sanjeev from ESORN (UK). Sanjeev promoted our 2020 activities. He was joined by Elise Chick from Australia and Vumilia Mari from the Tanzania Ministry of Health. Together, and with the IAPB representative Amanda Davis, they help a panel session. I have received great positive comments from the IAPB about their session. The IAPB are keen to see more ophthalmic nurses in 2020 to help work towards the post-vision 2020 agenda.
6. Please go ahead and use the attached 2020 conference flier. Put it anywhere and everywhere. Share it widely! The IAPB will put out a blog on social media about is soon too.

### 2020 Singapore:

1. Please let me know if you intend to come along to the global nursing forum next October. I want to get an idea of who in this core global leadership team will be there so I can start to assign duties etc. on the lead-up to the events.
2. Please also let me know if you need me to write you a formal letter so your organization can release you or so you can use it to arrange your own sponsorship. Note such a letter is only available to this leadership group. It will just outline your invitation to attend as a member of this leadership group with leadership duties to be assigned. It does not guarantee you will be speaking/presenting/chairing and nor that we will fund you. You must arrange your own funding to attend. You will be welcome to submit a presentation abstract in early 2020.
3. Please email me if you have any suggestions on sponsorship for either the 2020 Singapore activities or the global group development – or both. We would love to raise some capital to a) build the new group and b) provide some grants for nurses in low-middle income nations to attend.

**Global Nursing Activities:**

Lynn from IONA has confirmation from her members, to disband their current UK based structure and build the new entity based on our collective design. She is now tasked with examining the legal aspects, including accounts aspects and web domain transfers etc. This is a complex process and will take some time. Please let me know if you would be willing to assist in this development process.

Thank you  
Heather

## Provincial Reports

**Nova Scotia: Mary Stairs**

The Atlantic chapter has had 2 education seminars. One on retinal surgery and the second on surgery simulation. It was well attended and enjoyed by all. We are actively involved in the Redevelopment of the New Eye Care Center and Surgical Suites. Very busy time. We are presently are planning another fall education seminar

**British Columbia - Metro Vancouver: Adonis Manglapus**

Our Fall Educational Meeting was on Complicated Cataracts: A Retinal Perspective. Dr. Aaron Joe excelled at this talk with video examples to make his presentation clear and easy to understand. We are thankful for the support of Johnson and Johnson and our BC Nurses. Our next meeting is planned for early March. The BC-CSORN Chapter stands at 60 members.

In the Eye Care Centre(ECC) at Vancouver General Hospital, we are getting ready for cyclophotocoagulation procedures for the ciliary body. We are ensuring that Nursing education, and safety equipment is all in place to move forward. Additionally, electronic charting is on the horizon for us. Cerner is the electronic charting system we will be transitioning into in the near future. It will be a challenge to improve patient flow through. It is usual practise to reduce the slate by as much as 50% and then titrate upwards. This will have a stressful effect with all levels of staffing as we are all getting used to a completely new system. In the end, this new way of patient charting can improve patient safety and is helping reduce our carbon footprint as we use much less paper.

### **British Columbia – Vancouver Island: John Grove**

Our Vancouver Island chapter had its first meeting in June with about 16 members attending. Dr Hamza Khan presented on surgical safety, and Jim Turton from Alcon provided an in-depth review of the Centurion functions and troubleshooting. We all enjoyed a very nice dinner at the Oak Bay Beach Hotel. We are in the midst of planning another dinner meeting and hope to hold this in November. Details will be sent to all once the arrangements are confirmed.

Our RJH Ophthalmology Centre has had many new and returning staff members, all keen to learn. We routinely have 2-3 in services a month with a variety of topics.

We are encouraging our new staff members to join CSORN and hope to have a group attending COS in 2020!

### **Quebec: Carole Desharnais**

The colors of autumn are currently at their peak. All the clinics at the JGH have resumed services. For the next few months we will face new challenges. The system of centralized appointments takes effect in Ophthalmology this fall. The time has also come for our clinic to switch to computerized records.

The Quebec Chapter Educational event took place last June 6, 2019 sponsored by two of our reps. The presentation was on Cataract surgery past, present and future. Thank you Valérie for organizing the event. An Educational event for the fall of 2019 is in the process of being planned.

Update from our Academic Cataract Centre.

It will soon be our fourth anniversary of opening and the future looks bright. Over the past 4 years our client volumes have steadily increased. For this particular year we have done over 3000 cataracts! We have 15 surgeons and the goal for the future is to have « double rooms » on high volume days. We are in the active stage of planning, ie. increasing patients, equipment and recruitment of staff.

Our mission is teaching resident with high standard care for our patients. The Resident Cataract Clinic is unique in that, a resident under the supervision of our cataract surgeons, get to follow a standard cataract patient pre op, intra op (perform the surgery) and post op. Following a patient from beginning to end gives the resident a real community experience. Also if there is any complication, they follow the complication and the evolution of the case.

## **Ontario GTA Chapter: Marcela Tutay**

The presentation, led by Sev Kamal, focused primarily on the Alcon on-line tools for patients and practitioners and the Alcon Experience Academy program.

Cataract patients are able to go on-line and learn about cataract surgery and their options for lens, providing them to see the full picture.

Equally relevant, Alcon presented a great resource ([AlconExperienceAcademy.com](https://www.alconexperienceacademy.com)) for any healthcare professional engaged in ophthalmology. This includes surgeons, nurses, residents, technicians and students. Custom specific modules cover a variety of subjects including product technology, disease state, biometry, A & P, and more coming up.

There was time for Q & A and more engagement from the Alcon team handing out brochures re the topic.

As this is election year, the business meeting focused on the election for President/Regional rep, Secretary, and Treasurer.

Donna Punch presented the financial statement and bank balance of the chapter. She mentioned the COS/CSORN conference in Vancouver June 2020 and encouraged nurses to attend.

We discussed the benefit of having an organization, like CSORN, as a venue for dialogue, networking and empowerment for our nurses.

Following this, the call for nominations from the floor and/or expression of interest in writing was initiated.

By acclamation, the newly elected officers for the CSORN/GTA are:

President/Regional rep = Marcela Tutay (second term)

Secretary = Marlene Griffin

Treasurer = Claire Brown

The meeting was followed by a sumptuous dinner and more networking amongst all attendees.



## **Ontario Ottawa Chapter: Rosemary Bickerton**

Hello from Ottawa,

This fall we held our annual dinner meeting in November at the Ottawa Hospital Royal Room. We asked Dr. David Jordan, who is a well-known oculoplastic surgeon to present on Eye Trauma. He brought huge energy and believe it or not lots of humour to this very exciting and horrific topic. He is a wonderful speaker and teacher and we all learned so much about eye trauma and many ways to prevent common eye accidents. There were 26 nurses in attendance. Unfortunately, due to new regulations with our company reps we were unable to secure funding and had to use our Chapter funds for this meeting.

The Ottawa Eye Program is still very busy with 7 Operating rooms dedicated to ophthalmology. We rolled out EPIC in June in our ORs and Clinics and diagnostics which has not been easy. EPIC is still presenting us numerous daily challenges especially in the clinics. Our clinic volumes have dropped 30% as it is very difficult to use Epic in a high volume outpatient setting. We continue to take baby steps to make it more efficient.

For the ORs, Epic has been a relatively easy transition. We are working on new pre op guidelines for our cataract patients as anesthesia is allowing them to eat breakfast before surgery. This will be great news to our patients who usually fast after midnight. More news to share with you on this in June. We have inserted 50 Xens for glaucoma patients so far this year and hope to have more funding to purchase more in the future. The Eye Institute is under renovation for a new glaucoma clinic with 6 examining rooms, a large waiting room and reception desk. This will be a beautiful new clinic with state of the art design and equipment thanks to a very generous anonymous donor in Ottawa. We hope to have this up and running by next June.

My big news as Chapter chair and CSORN member for many years is that I am stepping down as Clinical Manager of the Eye Care Program at TOH in January. As I plan to retire in a year I will be able to mentor the 2 managers who are replacing me and work on special projects in the hospital. It will be a huge change for me to leave my manager's position in ophthalmology after 20 years but it is time to pass the torch and I feel happy to be around to support and mentor the new managers. CSORN has always been a huge part of my professional practice in ophthalmology and has provided me with a network of wonderful nursing colleagues who have become very good friends over the years. I will miss you all very very much.

I know there are many Ottawa Chapter nurses who would like to attend the Vancouver meeting next June so I hope we can send a nice group.

Looking forward to another exciting CSORN symposium in June.

## **Future Conferences & Meetings:**

Walter Wright Symposium: Metro Toronto Convention Centre - December 6-7, 2020

Hawaiian Eye: Kauai January 18-24, 2020

International Congress on Glaucoma: London England February 6-8, 2020

Canadian Retinal Annual Meeting: Banff, Alberta February 13-16, 2020

Toronto Cataract Conference: Westin Harbour Castle February 22, 2020

Canadian Glaucoma Society Annual Meeting: Montreal March 27 & 28, 2020

BC SEPS Clinical Day: Glaucoma & Ethics- Morris J Wosk Centre for Dialogue @ SFU downtown Campus – May 8, 2020

ARCRS: 2020 Boston May 15 - 19, 2020

Canadian Ophthalmology Society Conference (COS): Vancouver, BC June 25 - 28, 2020

Sally Letson Symposium: Ottawa September 10-12, 2020

American Academy of Ophthalmology (AAO): Las Vegas, Nov. 14-17, 2020

*Season's Greetings & Happy New's Years from your National executive  
Kate Callaghan – President*

*Donna Punch – Past President*

*Carole Desharnais – President Elect*

*Lillian Smithson– Treasurer*

*Adonis Manglapus – Secretary*

## **CSORN Executive**

### **President**

***Kate Callaghan***  
Eye Care Centre  
2550 Willow St.  
Vancouver, BC  
[president@csorn.ca](mailto:president@csorn.ca)

### **Vice President**

***Carole Desharnais***  
Jewish General Hospital  
3755 chemin de la Côte-Saint-Catherine,  
Montréal, QC  
[vicepresident@csorn.ca](mailto:vicepresident@csorn.ca)

### **Past President**

***Donna Punch***  
Kensington Eye Institute  
[pastpresident@csorn.ca](mailto:pastpresident@csorn.ca)

### **Secretary**

***Adonis Manglapus***  
Eye Care Centre  
2550 Willow St.  
Vancouver, BC  
[secretary@csorn.ca](mailto:secretary@csorn.ca)

### **Treasurer**

***Lillian Smithson***  
QEII Health Sciences Centre  
1276 South Park St  
Halifax, NS  
[treasurer@csorn.ca](mailto:treasurer@csorn.ca)

## **Provincial Reps**

### **Nova Scotia/Atlantic**

***Mary S. Stairs***  
QEII Health Sciences Centre  
1276 South Park St, Halifax, NS  
[atlantic@csorn.ca](mailto:atlantic@csorn.ca)

### **Ontario/Ottawa Region**

***Rosemary Bickerton***  
University of Ottawa Eye Institute  
501 Smyth Rd, Ottawa, ON  
[ontario-ottawa@csorn.ca](mailto:ontario-ottawa@csorn.ca)

### **Ontario/GTA**

***Marcela Tutay***  
North York General Hospital  
4001 Leslie St, North York, ON  
[ontario-gta@csorn.ca](mailto:ontario-gta@csorn.ca)

### **Quebec**

***Carole Desharnais***  
Jewish General Hospital  
3755 chemin de la Côte-Saint-Catherine,  
Montréal, QC  
[quebec@csorn.ca](mailto:quebec@csorn.ca)

### **BC – Metro Vancouver**

***Adonis Manglapus***  
Eye Care Centre  
2550 Willow St., Vancouver, BC  
[britishcolumbia@csorn.ca](mailto:britishcolumbia@csorn.ca)

### **BC – Vancouver Island**

***John Grove***  
Royal Jubilee Hospital  
1952 Bay St. Victoria, B.C.  
[vancouver@csorn.ca](mailto:vancouver@csorn.ca)